

COOPERATION SOUTH RIBBLE

HOUSEHOLD COSTS TOO HIGH? JOIN A FOOD CO-OP!

Live in South Ribble and want to lower your food costs while meeting your neighbours?

A food coop is a member led group who save money together through buying their food and household items in bulk, receiving free surplus food, and redistributing items within the group. Each member pays a pre-agreed weekly fee (from as little as £3) and volunteers up to an hour of time to help run the coop.

Join a local food co-op and save at least a third on food shopping

Food cooperatives are about building community and saving money. If you are interested in joining or starting a food cooperative South Ribble Borough Council and Cooperation Town can help get you started.

How can we help?

- Bring interested individuals together
- Provide training and support development needs
- Link coops with free food suppliers
- Provide budget for initial shopping, facilities, printing and other costs
- Share templates for shopping lists, promotional flyers and membership tracking

Want to find out more and get involved?

Anyone can join or start a food co-op.

To hear more and receive your starter pack register your interest

Scan the QR code or visit: bit.ly/3KmJeFA

